**Welcome Address**

**Dear Guests and colleges,**

On behalf of the Alex spine group, I would like to invite you to the 11th annual spinal conference in Alexandria. Alexandria spine group is trying to get all the spine surgeons in Egypt together to share their experiences with each other and with the foreign guests in this important field. The conference will cover all recent advances and points of debate in the field of spinal fusion techniques. We hope that all sharing doctors will enjoy their time and increase their knowledge and experience.

***Prof. Dr. Yasser Allam***

Chairman of the conference

**Chairpersons**





Prof. Dr. Yasser ***Allam*** Priv.Doz. Dr. med. Heinrich ***BOEHM***

(Alexandria, Egypt) (Germany)

**Organizing Committee**

Prof. Hesham ***Al-Saghir***

Prof. Rafat ***Kamal***

Prof. Hesham ***Abd Al-Kayoum***

**Scientific Committee**

Prof. Yasser ***ALLAM***

Prof. Tarek ***AL-FIKY***

**Place**

Kings Ranch Hilton Hotel, Borg Al-Arab, Alexandria

16-17-March 2016

**Scientific Program**

**Wednesday 16th March, 2016**

9:00-11:00 Registration

11:00-11:30 Opening Ceremony at Kings Ranch Hilton Hotel

Welcome words

11:30-12:00 Coffee Break

**First session**

**12:00-14:00**

**Chairmen: Heinrich Boehm**

**Emad Al-Mehy**

**Rafat Kamal**

12:00-12:15 Principles of spine fusion

***Ahmed Hasen (Alexandria)***

12:15-12:30 Fusion mass. How to grow it?

***Fahmy Anwar (Alexandria)***

12:30-12:45 How to improve spinal fusion results?

***Talat Al-Hadidi (Cairo)***

12:45-13:00 Spinal fusion: A wide grey zone

***Hesham Al-Saghir (Alexandria)***

13:00-13:15 Motion preservation overview

***Bahaa Korna (Azhar)***

13:15-13:30 Motion Characteristics of the Vertebral Segments with

Lumbar Degenerative Spondylolisthesis in Elderly Patients

***Hosam Maaty (Banha)***

13:30-14:00 Discussion

**Second session**

**14:00-15:30**

**Chairmen: Ahmed Hassen**

**Talat Al-Hadidi**

**Bahaaa Korna**

14:00-14:15 Atlantoaxial fusion techniques, pros and cons

***Aly Abu Madawi (Suez Canal)***

14:15-14:30 C1-C2 fusion. Case presentation

***Mohamed Khattab (Ein Shams)***

14:30-14:45 Multiple levels ACDF using stand alone PEEK cages filled with bone graft substitute

***Belal Al-Nady (Assiut)***

14:45-15:00 Multi-level ACDF using standalone PEEK cages for the

treatment of degenerative cervical myelopathy: Clinical and

radiological assessment.

***Moustafa Shoman (Alexandria)***

15:00-15:15 Standalone cage assisted surgery for multilevel cervical

stenosis: is it a failure?

***Ahmed Tantawy (Tanta)***

15:15-15:30 Discussion

16:00-17:00  **LUNCH**

**Third session**

**17:00-19:00**

**Chairmen: Fahmy Anwar**

**Mohamed Maziad**

**Mohamed Abd Al-Wanis**

17:00-17:15 A new stand-alone cage for cervical fusion: Technique and early results

***Yasser Allam (Alexandria)***

17:15-17:30 Cervical spine fusion: Microsurgical technique

***Mohamed Alam Al-Din (Sohag)***

17:30-17:45 Adjacent segment disease after cervical spine fusion. A

complication of the fusion surgery or a progression of the

natural history of the degenerative changes.

A long-term case series.

***Mohamed Al-Hashash (Alexandria)***

17:45-18:00 Fusion rate in treatment of adjacent segment disease: Is

stand-alone cage assisted technique an option?

***Hany Al-Gendy (Germany)***

18:00-18:15 Cervical pseudoarthrosis. Interactive case presentation

***Mohamed Khattab (Ein Shams)***

18:15-18:30 Discussion

**Thursday 17th March, 2016**

**Fourth Session**

**9:00-11:00**

**Chairmen: Hesham Al-Saghir**

**Mohamed Alam Al-Din**

**Mohamed Khattab**

09:00-09:15 TLIF, Indications and results

***Mohamed Maziad (Ein Shams)***

09:15-09:30 Interbody fusio usin MIS technique

***Hesham Shaker (Armed Forces Hospital)***

09:30-09:45 PLIF for lumbar spinal infections

***Mohamed Abd Al-Wanis (Sohag)***

09:45-10:00 Single posterior approach for lumbar fusion in spinal infection

***Hussien Al-Ghait (Azhar)***

10:00-10:15 PDN vs PLIF in disc degeneration

***Khaled Al-Batergie (Saudie Arabia)***

10:15-10:30 Longterm outcome of Optimesh-assisted fusions

***Heinrich Boehm (Germany)***

10:30-11:00 Discussion

**Fifth Session**

**11:00-13:00**

**Chairmen:** **Khaled Al-Batergie**

**Abd Al-Fattah Saoud**

**Hesham Shaker**

11:00-11:15 Longterm outcome of BMP-augmented Pseudoarthrosis

Repair

***Heinrich Boehm (Germany)***

11:15-11:30 Adjacent segment disease after fusions for Spondylolithesis

***Mohamed Abd Al-Wanis (Sohag)***

11:30-11:45 Long segment fusion

***Dominik Kaiser (Germany)***

11:45-12:00 ALIF update

***Emad Al-Mehy (Tanta)***

12:00-12:15 Retropeitoneal and transperitoneal lumbosacral fusion.

Technical notes

***Tarek Al-Feky (Alexandria)***

12.15-12:30 Discussion

12:30-12:45 Lilly presentation (Forteo)

***Rafat Kamal (Alexandria)***

12.45-13:00 Coffee Break

**Sixth Session**

**13:00-15:00**

**Chairmen:** **Aly Abu Madawi**

**Hussien Al-Ghait**

**Hesham Abd Al-Kayoum**

13:00-13:15 Lumbopelvic fusion

***Dominik Kaiser (Germany)***

13:15-13:30 Enhancement of fusion at the lumbosacral junction

***Abd Al-Fattah Saoud (Ein Shams)***

13:30-13:45 Unilateral PLIF: Preliminary results

***Mahmoud Nafady (Alexandria)***

13:45-14:00 Integration of a vertebral body replacement implant into bony

fusion mass? Prospective study with up to 10 years follow up

***Heinrich Boehm (Germany)***

14:00-14:15 Degenerative lumbar stenosis. When to fuse?

***Khaled Al-Batergie (Saudie Arabia)***

14:15-14:30 Before spinal fusion, should balance comes first? Les Massues

experience

***Tarek Al-Feki (Alexandria)***

14:30-15:00 Discussion

15:00-16:00 **LUNCH BOX**

**Seventh Session**

**16:00-18:00**

**Chairmen:**  **Heinrich Boehm**

**Yasser Allam**

**Dominik Kaiser**

16:00-16:15 Multiple vertebral collapse in a child . Case presentation

***Hesham Al-Saghir (Alexandria)***

16:15-16:30 Multiple disc calcification

***Yasser Allam (Alexandria)***

16:30-16:45 The role of spine connectors in correction and

Instrumentation of severe scoliosis

***Ahmed Haroun (Alexandria)***

16:45-17:00 Return to play after spine surgery

***Winfried Banzer (Germany)***

17:00-17:15 Rehabilitation after spine surgery

***Yasser Moshref (Germany)***

17:15-17:30 Discussion

17:30-18:00 Closing ceremony

20.00 **GALA DINNER** (Sponsored by Pharco company)

(Invitation ticket is needed))

***12th Annual Alexandria Spine Conference***

***March 2017***

Topic

***Sagittal plane imbalance***

Chairmen

***Prof. Dr. Ahmed Hasen***

Spine unit, Al-Hadra University Hospital

Alexandria - Egypt

***Priv. Doz. Dr. med. Heinrich Böhm***

Head of the Spine Surgery Department

Zentralklinik Bad Berka

Bad Berka - Germany

Organizing Committee

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